

**Delta Regional Medical Center is pleased to offer the following wellness benefits and immunizations at 100% coverage to all members covered under the medical plan.**

***\*\*You must receive services from a Regional Health Network provider in order for these services to be covered. To find an in-network provider, visit http://www.deltaregional.com/Employee-Portal/Employee-Benefits/The-Regional-Health-Network.aspx.***

**WELLNESS BENEFIT**

Benefit is based on the following Age/Sex Parameters. Services must be rendered by a Network Provider in that Provider’s clinical setting.

* Available to All Ages:

Preventive Medicine Evaluation

                Hemoglobin, hematocrit or CBC

                Urinalysis

Immunizations (see schedule under Medical Care Coverage, Immunizations)

* Ages 2 and up

                Blood Pressure

                Glucose

                Lipid Profile

* Females Ages 12 and older

                Breast exam

                Pap smear and pelvic exam

* Females Ages 18 and older

                Mammogram

Stool for occult blood

Flexible sigmoidoscopy (once every five years) OR

                Colonoscopy (once every 10 years)

* Females Ages 50 and older

                Bone Density (once every three years as medically necessary)

* Males Ages 18 and up

                Prostate specific antigen with digital rectal exam

               Stool for occult blood

                Flexible sigmoidoscopy (once every five years) OR

                Colonoscopy (once every 10 years)



**IMMUNIZATIONS**

Under the Wellness Benefits, Immunizations are covered as follows:

|  |  |
| --- | --- |
| Age |  |
| Birth - 2 Years | Hepatitis B (Hep B)  Diphtheria, Tetanus, Pertussis (DTap)  Haemophilus influenza type b (Hib)  Inactivated Polio (IPV)  Measles, Mumps, Rubella (MMR)  Varicella  Pneumococcal (PCV)  Hepatitis A (Hep A)  Rotavirus (Birth – 9 months)  Meningococcal |
| 3 - 11 Years | Hep B  DtaP/Tdap/Td booster  IPV  MMR  Varicella  PCV  Hep A  Human Papillomavirus (HPV) beginning at age 9  Meningococcal |
| 12 - 17 years | Hepatitis B  Tdap/Td booster  MMR  Varicella  PCV/PPV  Hep A  HPV  Meningococcal |
| 18 years and older | Hep B  DtaP/Tdap/Td booster  MMR  Varicella  PPV  Hep A  HPV before age 27  Meningococcal (up to age 55)  Shingles (age 50 and older) |